



Cobra Girls Practice Schedule

Team	Day	Type	Start Time	End Time	Location
Cobra U12 and U13 Girls	Monday	Team Practice	4:30 PM	6:00 PM	OVAL
	Friday	Team Practice	6:30 PM	8:00 PM	YHS
	Saturday	Player Development	Morning		VTT
Cobra U14 Girls	Monday	Team Practice	6:00 PM	7:30 PM	OVAL
	Wednesday	Team Practice	5:00 PM	6:30 PM	VTT
	Saturday	Player Development	Morning		VTT
Cobra U15 Girls	Monday	Team Practice	6:00 PM	7:30 PM	OVAL
	Wednesday	Team Practice	5:00 PM	6:30 PM	VTT
	Saturday	Player Development	Morning		VTT
Cobra U16 Girls	Monday	Team Practice	7:30 PM	9:00 PM	OVAL
	Wednesday	Team Practice	6:30 PM	8:00 PM	VTT
	Sunday	Player Development	Morning		VTT
Cobra Varsity Girls 1 + 2	Monday	Team Practice	7:30 PM	9:00 PM	OVAL
	Wednesday	Team Practice	8:00 PM	9:30 PM	VTT
	Sunday	Player Development	Morning		VTT

*Please note that practice times are tentative and may be subject to change due to team composition, and gym availability